



# **EIZOC**

## **MIDCON-2023**

11<sup>th</sup>- 12<sup>th</sup> March 2023,  
Itanagar, Arunachal Pradesh



Under the aegis of  
Arunachal Academy of Ophthalmology



**Venue: Hotel Obsidian Blue  
Chandranagar, Itanagar**

# Invitation

Dear Sir/Madam,

The Arunachal Academy of Ophthalmology (AAO) cordially welcomes you to the land of rising sun for the EIZOC MIDCON-23 to be held at Hotel Obsidian Blue, Itanagar on 11<sup>th</sup> and 12<sup>th</sup> March 2023.

An enchanting social and academic feast awaits you. We look forward for your active participation in the event.

**Dr. Kaling Darang**  
Organising Chairman  
Ph. no. 9862284081

**Dr. Taba Khanna**  
Organising Secretary  
Ph. no. 9436224429

## Program Schedule

### 11<sup>th</sup> March 2023

- 5.00- 6.30 PM : CME Program
- 6.30- 7.30 PM : Inauguration program
- 7.30 PM onwards : Cultural night and cocktail dinner

### 12<sup>th</sup> March 2023

- 8.00- 8.30 AM : Breakfast
- 8.30- 1.30 PM : Academic session
- 1.30 PM : Lunch/Picnic



Venue: Hotel Obsidian Blue,  
Chandrangar, Itanagar,  
Arunachal Pradesh

## Office bearers of EIZOC

President	: Dr. B N Gupta
President Elect	: Dr. Pranav Ranjan
Vice President	: Dr. Jayanta Boroowa
Immediate Past President	: Dr. R C Meher
Hony General Secretary	: Dr. Swaraj Bhattacharjee
Treasurer	: Dr. Rajendra Nath Gogoi
Chairman, Scientific Committee	: Dr. Sabyasachi Patnaik
Editor Journal & Proceeding	: Dr. Bibhuti Prassan Sinha
Joint Secretary	: 1. Dr. Sunil Surana 2. Dr. Lobsang Tsetim
ARC Chairman	: Dr. Y.C.Meitei
Joint secretary –HQ	: Yet to be assigned
Joint Treasurer	: Dr. N D Mishra
Web master	: Dr. Jayanta Kr Das

### Member Managing Commette

Dr. Nilanjan Kaushik Thakur (Assam)	Dr. Ahokhe Shikhu (Nagaland)
Dr. Sanjib Buragohain (Assam)	Dr. Sachindra Laisaram (Manipur)
Dr. Jai Gopal Agrawal (Bihar)	Dr. B. P Dhakal (Sikkim)
Dr. Ranjana Kumar (Bihar)	
Dr. Rajiv Kumar Gupta, MC member (Jharkhand)	
Dr. Nitin G Dhira, MC member (Jharkhand)	
Dr. Ashok K. Nanda, MC member (Odisha)	
Dr. Santosh K. Mahapatra, MC member (Odisha)	
Dr. Aniruddha Maiti, MC member (W. Bengal)	
Dr. Sugato Paul, MC member (W. Bengal)	
Dr. Mrs Y R Darang, (Arunachal)	
Dr. Tanie Natung, MC Member (Meghalaya)	
Dr. Lalbiaktluangi (Nupuii) (Mizoram)	
Dr. Amar Kanti Chakma, MC Member (Tripura)	

### Advisory Board

Dr. A.S.B Sahai (Patna)
Dr. H.K Choudhuary (Silchar)
Dr. S.C Das (Cuttack)
Dr. B.K Sahay (Ranchi)
Dr. Debasish Bhattacharya (Kolkata)

## Local Organising Committee

Patrons	: Dr. Moji Jini : Dr. Reto Doye
Organising chairman	: Dr. Kaling Darang
Organising secretary	: Dr. Taba Khanna
Organising Co secretary	: Dr. Lobsang Tsetim
Advisory committee	: Dr. M. Lego (DHS), Dr. Emi Rumi (DFW) Dr. Hage Ambing (DME T&R) Dr. Onit Moyong Dr. Mrs.Y. R. Darang, : Dr. Talum Sorum
Finance	: Dr. Bai Bam
Accommodation, Travel, transfers sight seeing	Dr. Talum Sorum Dr. Tape Kaye Mr. Bikky Sonar
Catering, Hall, audiovisual, cultural and entertainment	: Dr. Dusu Grayu Dr. Chowdim Tayeng Dr. Mingam Pertin Dr. Mongoli Tatin
Souvenir, badge, banners	: Dr. Tojum Gongo Dr. Hage Munya
Registration	: Dr. Ponung Perme Dr. Taw Dipu Mr. Takhe Laling Miss. Yter Tato
Media and publicity	: Dr. Lobsang Tsetim

# Registration

Early bird : till 10<sup>th</sup> Feb. 2023

Late(after 10<sup>th</sup> Feb.)  
and spot reg.

EIZOC members	₹2500	₹3500
Non EIZOC members	₹3000	₹4000
PG Students	₹1000	₹1500
Accompanying person	₹1500	₹2500

Senior Citizens above 70 years, Children below 12 years and Past presidents will get complimentary registration.

Registration fees to be paid online/Cheque/RTGS in the below address

AAO Bank AC details

A/c Name:- **Arunachal Academy of Ophthalmology**

Name of Bank - **Arunachal Pradesh Rural Bank**

Branch :- **Itanagar**

Account no:- **100005472403**

IFSC: **SBIN0RRARGB** (Fifth character may be read as Zero)

Branch code: **RRARGB** (Last Six Characters of IFSC Code)

Contact no:- **9436224429/7085955309**

## Hotel Accommodation

	Executive	Deluxe	S/Deluxe	Suite
Hotel Obsidian Blue	2500/-	4000/-	4500/-	6500/-
Hotel PYBBS	4500/-	5500/-	7000/-	8000/-
Hotel Cygnet	3500/-	4500/-	7500/-	8500/-
Hotel SC Continental	3000/-	3500/-	4500/-	6500/-
Hotel Waii International	-	4600/-	-	13500/-
Hotel 3D	-	4500/-		



## How to reach Itanagar



- ▶ Itanagar is the capital town of Arunachal Pradesh and is well connected by land and air route. The city has picturesque beauty coupled with diverse tribal culture, dance and food.
- ▶ The city boasts of many historical and archeological sites.
- ▶ **Guwahati to Itanagar:** 8 hours by road drive
- ▶ Daily flight services to **Itanagar** from major cities via **Kolkata**
- ▶ Train: Shatabdi train: Ghy to Naharlagun: Tues, Thurs, Sat, 3.20 pm departure
- ▶ Donyi Polo Intercity express: Everyday 9.15 pm departure Naharlagun train station is approx 15kms from Itanagar
- ▶ Helicopter service: daily from Guwahati at 1 pm (booking done on phone)
- ▶ **Dibrugarh to Itanagar:** 4 hours by road drive
- ▶ Dibrugarh is well connected from Kolkata, New Delhi and other major cities
- ▶ Tinsukia Naharlagun Express
- ▶ **Lilabari/Lakhimpur to Itanagar:** 2 hours by road drive
- ▶ Daily flight from Kolkata and Guwahati to Lilabari

Since Arunachal Pradesh is a protected state, Inner line permit is mandatory for visitors coming from other part of the country. Inner line permit can be obtained online at <https://arunachalilp.com> or detail (Aadhar card, Voter ID, Covid vaccination certificate and One recent passport photo) of delegates may be submitted 10 days in advance to organizing committee for arranging ILP.



## Places to Visit

**Itanagar:** The capital of Arunachal Pradesh has a rich mixture of archeological sites and built up resources and institution of great socio cultural significations

**Buddhist Gompa:** Situated in the capital town of Itanagar on a mountain top is the worship place for Mahayana Sect of Buddhism.



**Jawaharlal Nehru Museum:** It has rich collection of textile, weaponry, household articles and handicraft items reflecting the rich tribal culture and heritage of Arunachal Pradesh.



**ITAFORT:** The fort of bricks from which the capital derives its name is situated in the heart of capital complex.

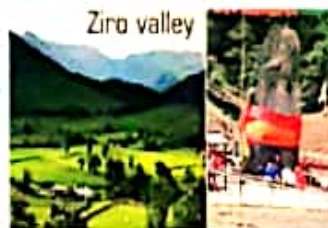


**Gyekar Sinyik:** Ganga lake is a beautiful natural lake surrounded by land mass and is around 10 km distance from Itanagar.



### Nearby places of tourist interest

1. **Ziro:** It is beautiful plateau situated 167 KM from Itanagar at an altitude of 5000ft above sea level, has imposing landscape of beautiful lush green forest, rivulets and scenic terrace agricultural fields. It is famous for paddy cum Pisci culture. The serene hills of Kardo is home to one of largest Shivalinga measuring 25ft.



2. **Malinithan:** Situated at Likabali 160 Km from Itanagar, is a place of Relics of Stones with ruins of temples and valuable sculptures associated with the mythological legend of lord Krishna. It dates back to 10<sup>th</sup> and 14<sup>th</sup> century and has rich sculptural and architectural value.

3. **Pasighat:** Situated 270 kms from Itanagar it is the headquarter of East siang district and situated on the banks of the mighty siang river. Dying Ering wildlife sanctuary (13kms from pasighat) is spread over a cluster of river islands and inhabits hog deer, buffalos, sambas, elephants and other rainforest macro and micro flora and fauna. An adrenaline filled river rafting in the mighty siang river is also a must for the visitors.



4. **Bhalukpong:** Located 53 kms from Tezpur, is famous for archeological ruins of king Bhaluka, an ancient ruler of the region. The river kameng with its serene flow provides rare opportunity of adventure tourism and beautiful picnic spots. Tipi which is 5 kms from bhalukpong is the botanical paradise of the state and houses about 450 species of orchids



ONLINE REGISTRATION LINK

<http://www.midconitanagar.org/>