



Eastern India Zonal Ophthalmological Congress

# 37th Annual Conference 2024

Under the aegis of Ophthalmological Society of West Bengal

Date:

29 November – 1st December 2024

Venue:

Sinclair's Kalimpong

Host



Ophthalmological Society  
of West Bengal







Eastern India Zonal Ophthalmological Congress

# 37th Annual Conference 2024

Under the aegis of Ophthalmological Society of West Bengal

## INVITATION

Honourable Colleagues, Greetings!

The Local Organising Committee (EIZOCON 2024) & members of Ophthalmological Society of West Bengal (OSWB) cordially invite you to the 37th Annual Conference of EIZOC which will be held in the hill station Kalimpong, West Bengal on 29th, 30th November & 1st December, 2024. With a backdrop of breathtaking Kanchenjunga, lush green alpine forests & tea gardens Kalimpong offers a perfect location for the Annual Congress. The town by the side of mighty Teesta River is famous for its flower nurseries having a variety of orchids, gladioli & other exotic flowers. Colonial buildings, Buddhist Monasteries, Neora Valley National Park are some of the interesting places one may visit during the stay. Local delicacies like MOMOS & THUPKA and Tibetan handicrafts are major attractions in Kalimpong. The nearest airport is Bagdogra, 76km. & railway station is NEW JALPAIGURI, 82km. The prestigious event brings together leading experts & professionals to share knowledge, innovative techniques & cutting-edge research. Join us to stay updated on the latest advances, camaraderie & contribute to shaping the future of Ophthalmology. We will leave no stone unturned to make the event memorable & your stay comfortable.

## SINCLAIRS KALIMPONG

Nov 29 – Dec 1st '24

Org. Chairman

**Dr Arup Chakraborty**

Working Org. Chairman

**Dr Subhasish Nag**

Org. Secretary

**Dr Sunil Surana**

Addl. Org. Secretaries

**Dr Swati Agarwal**

**Dr Soumya Ghosh Kundu**

**Dr Angshuman Das**

**Dr Pranav Ranjan**

President, EIZOC

**Dr Swaraj Bhattacharjee**

Hony Secy, EIZOC

**Dr S. Pattanayak**

CSC, EIZOC

**Dr Debdas Mukhopadhyay**

President, OSWB

**Dr Debashis Das**

Hony Secy, OSWB

**Dr Rupak K Biswas**

CSC, OSWB



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## Kalimpong

Kalimpong, a serene hill station nestled in the Himalayas of West Bengal, India, located at an average elevation of 1,250 metres (4,101 ft) offers a captivating blend of natural beauty, cultural diversity, and a tranquil atmosphere that makes it an ideal destination for a memorable vacation with friends and family. Whether you seek adventure, relaxation, or a cultural experience, Kalimpong has something to offer everyone. Here are several compelling reasons why you should consider visiting Kalimpong with your loved ones.

**Scenic Beauty:** Kalimpong is blessed with breathtaking natural landscapes. Surrounded by snow-capped mountains, lush green valleys, and meandering rivers, the town offers stunning vistas at every turn. The Deolo Hill viewpoint is a must-visit, providing panoramic views of the Himalayan range and the Teesta River. The Pine View Nursery, known for its vast collection of cacti and orchids, is another picturesque spot. Exploring these scenic locations together with your friends and family will create lasting memories.

**Rich Cultural Heritage:** Kalimpong is renowned for its vibrant cultural heritage, shaped by the convergence of various ethnic communities, including Nepalese, Tibetan, Bhutanese, and Lepchas. The town is home to several monasteries and temples that offer a glimpse into the spiritual traditions of the region. The Zang Dhok Palri Phodang Monastery and Tharpa Choling Monastery are popular attractions where you can witness serene Buddhist rituals. Engaging in the local culture and traditions will broaden your horizons and deepen your appreciation for diversity.

**Adventure and Outdoor Activities:** For those seeking adventure, Kalimpong has plenty to offer. The region is a haven for trekking enthusiasts, with trails that lead to scenic viewpoints, hidden waterfalls, and pristine forests. The Neora Valley National Park, located nearby, is a paradise for nature lovers, with its diverse flora and fauna. Rafting on the Teesta River is another exhilarating experience that can be enjoyed with friends and family. Engaging in these activities together fosters a sense of camaraderie and shared excitement.





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**Tea Gardens and Delightful Cuisine:** Kalimpong is famous for its tea gardens, which produce some of the finest tea in the world. A visit to one of these tea estates, such as the Durpin Tea Estate, allows you to witness the tea-making process and indulge in aromatic tea tasting sessions. The town also offers a range of local cuisine, influenced by the various communities residing there. From Tibetan momos to Nepali thukpa, you can savour a delightful array of flavours. Exploring the local food scene together can be a delightful culinary adventure for your group.

**Peaceful Retreat:** One of the greatest appeals of Kalimpong is its peaceful ambiance. Unlike some of the more crowded hill stations, Kalimpong offers a serene and laid-back atmosphere, making it an ideal place to unwind and spend quality time with your loved ones. Whether it's enjoying a leisurely stroll through the bustling markets, engaging in a picnic at one of the many parks, or simply relaxing at your accommodation with stunning mountain views, Kalimpong provides a tranquil retreat from the chaos of daily life.

Kalimpong is a charming destination that offers a perfect blend of natural beauty, cultural richness, adventure, and tranquility. Visiting this hill station with your friends and family promises to be a memorable experience, allowing you to create cherished moments together amidst stunning landscapes, immerse yourself in diverse cultures, partake in thrilling activities, savour delicious cuisine, and find solace in the peaceful surroundings.

Kalimpong awaits, ready to offer you an unforgettable journey of togetherness and fellowship along with learning.

## SINCLAIRS KALIMPONG

Nov 29 - Dec 1st '24

Org. Chairman

**Dr Arup Chakraborty**

Working Org. Chairman

**Dr Subhasish Nag**

Org. Secretary

**Dr Sunil Surana**

Addl. Org. Secretaries

**Dr Swati Agarwal**

**Dr Soumya Ghosh Kundu**

**Dr Angshuman Das**

**Dr Pranav Ranjan**

President, EIZOC

**Dr Swaraj Bhattacharjee**

Hony Secy, EIZOC

**Dr S. Pattanayak**

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CATEGORY	EARLY BIRD TILL 15TH SEPT' 2024	ADVANCE TILL 31ST OCT'2024	SPOT
Member > 70 years	Complimentary but Compulsory	Complimentary but Compulsory	Complimentary but Compulsory
All Past Presidents	Complimentary but Compulsory	Complimentary but Compulsory	Complimentary but Compulsory
Member	INR 5,310/-	INR 6,490/-	INR 8,260/-
Spouse & Child >12years	INR 4,720/-	INR 5,900/-	INR 7,080/-
Residents (Member)	INR 4,720/-	INR 5,900/-	INR 7,080/-
Non Member	INR 7,080/-	INR 8,260/-	INR 10,620/-
Child 6 - 12years	INR 3,540/-	INR 4,310/-	INR 4,720/-

\* All costs inclusive of GST

## Complimentary EIZOC Membership for Non-Member Delegates



### SCAN to PAY from any UPI App

OPHTHALMOLOGICAL SOCIETY OF WEST BENGAL

UPI ID: Ophthalmo.Society-WB@iob

Please send **Payment Screenshot** at **9836340743**

Mr Apurba Adhikary with your Registration details

Org. Chairman

**Dr Arup Chakraborty**

Working Org. Chairman

**Dr Subhasish Nag**

Org. Secretary

**Dr Sunil Surana**

Addl. Org. Secretaries

**Dr Swati Agarwal**

**Dr Soumya Ghosh Kundu**

**Dr Angshuman Das**

**Dr Pranav Ranjan**

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I, Dr. \_\_\_\_\_ From \_\_\_\_\_  
 Member / Non-member (EIZOC Membership no. \_\_\_\_\_ )  
 wish to register for 37th EIZOC ANNUAL CONFERENCE AT KALIMPONG  
 as per details below..

## OFF LINE REGISTRATION

NAME	CATEGORY	AMOUNT

CATEGORY	EARLY BIRD TILL 15TH SEPT' 2024	ADVANCE TILL 31ST OCT'2024	SPOT
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\* All costs inclusive of GST

Amount paid - ₹  
 Date-  
 Transaction Details .

Contact Details:  
 WhatsApp No. \_\_\_\_\_  
 Email \_\_\_\_\_



SCAN to PAY from any UPI App  
 OPHTHALMOLOGICAL SOCIETY OF WEST BENGAL  
 UPI ID: Ophthalmo.Society-WB@iob  
 Please send **Payment Screenshot** at **9836340743**  
 Mr Apurba Adhikary with your Registration details

## Kindly share the screenshot of this form  
 to Mr Apurba Adhikary @ 9836340743



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## BANK DETAILS

CHEQUE/NEFT/DD in favour of :

Ophthalmological Society of West Bengal

Bank Name : Indian Overseas Bank

Bank Branch : Dharmatolla Street

KOLKATA 700013:

Account No. : 058601000020756

IFSC Code : IOBA0000586

MICR Code : 700020023

PAN No : AAAAO0602P

GST No. : 19AAAAO0602P1ZI

SWIFT CODE : IOBAINBB585

OR



SCAN to PAY from any UPI App

OPHTHALMOLOGICAL SOCIETY OF WEST BENGAL

UPI ID: Ophthalmo.Society-WB@iob

Please send **Payment Screenshot** at **9836340743**

To Mr APURBA ADHIKARY with your details

KALIMPONG

Nov 29th - Dec 1st '24

Org. Chairman

**Dr Arup Chakraborty**

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**Dr Sunil Surana**

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**Dr Angshuman Das**





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## HOTEL ACCOMMODATIONS

HOTEL	ROOM CATEGORY	RATE FOR 2 NIGHTS PER PERSON	RATE FOR 2 NIGHTS PER ROOM
SINCLAIRS	PREMIUM ROOM (28 ROOMS)	₹ 7670.00	₹ 15340.00
SINCLAIRS	PREMIUM ATTIC ROOM. (16 ROOMS)	₹ 7080.00	₹ 28320.00
SINCLAIRS	SUITE ( 2 SUITES)	₹ 30680.00	₹ 30680.00
MAYFAIR HIMALAYAN SPA & RESORT	STANDARD/EXECUTIVE ROOMS (22 ROOMS )	₹ 10620.00	₹ 21240.00
MAYFAIR HIMALAYAN SPA & RESORT	DELUXE SUNSET/DELUXE COTTAGE. (23 ROOMS)	₹ 11800.00	₹ 23600.00
• • • • •	EXTRA BED >6 YEARS. — ₹5900 PER EXTRA BED FOR 2 NIGHTS		
• • • • •	ATTIC ROOM AT SINCLAIRS CAN ACCOMMODATE 4 PERSONS		
• • • • •	ALL RATES INCLUSIVE OF ALL APPLICABLE TAXES		
• • • • •	Check in Time- 14:00 hrs.	Check out Time- 12 noon	

### VENUE HOTEL – SINCLAIRS CONFERENCE HOTEL – MAYFAIR HIMALAYAN SPA & RESORT

Contact:

**DR SUNIL SURANA**  
Organising Secretary, EIZOCON 2024  
(+91 94337 06950)

or **Mr APURBA ADHIKARY**  
(+91 98363 40743)

Before making any payment for hotel accommodations  
Please note There will be complimentary Transfers from Mayfair Resort to Sinclairs (venue) during Conference time





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## Facilitated Pickup and Drop Service

Available at

 New Jalpaiguri railway station

 Bagdogra Airport

### On payment basis

Contact:

**Mr. Amit Kumar Shaw**

**+91 82299 83762 / +91 87770 54067**

about your requirements beforehand  
for hassle-free travel



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## FOR ONWARD CUSTOMISED **TOUR & TRAVEL PLAN**

With special package rates for EIZOCON 2024 delegates



• **BHUTAN** •



• **GANGTOK** •



• **NAMCHI** •



• **PELLING** •



• **DARJEELING** •



• **DOOARS** •

And many other options...

Contact for your requirements:

**Ms Krutika Mehta**

(Holiday Expert, MAKE MY TRIP)

[Krutika.Mehta@makemytrip.in](mailto:Krutika.Mehta@makemytrip.in)

**+91 92898 21415**





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Dear Colleague,

EIZOC Scientific Committee is delighted to invite abstract submission for incoming 37th EIZOC Conference at Kalimpong, West Bengal. Please submit your abstract for the following Categories:

- Dr KR Dutta Best Free Paper Award
- Dr Ajit Sinha Best Free Paper Award for PGTs
- Dr S C Das Best Video Award
- Dr B K Sahay Young Researchers Award (<40years )
- Dr B N Gupta Best poster Award
- Dr G S Das Best Ophthalmic Innovation Award
- Dr B J Goswami Essay Award

Instruction Courses

Submission starts - **15th August 2024**

Submission ends - **15th October 2024**

Email your Submission to [csceizoc@gmail.com](mailto:csceizoc@gmail.com)

**CALL FOR  
ABSTRACT  
SUBMISSION**

For details contact Dr Sabyasachi Pattanayak, CSC ,EIZOC @+91 9437112550

## SINCLAIRS KALIMPONG

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Org. Chairman

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## Special Attractions

DR B NR SUBUDHI QUIZ

PENTATHLON

LIVE SURGERIES (DEFERRED)

SHUTTERBUGS PHOTOWALK

DEBATE

**SINCLAIRS KALIMPONG**

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**Dr Angshuman Das**





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## EIZOC Executive Committee 2023-24



President

Dr Pranav Ranjan

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(Bihar)



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94350 63195

(Assam)



Vice President

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(Meghalaya)



Immediate Past President

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(Jharkhand)



Hony. General Secretary

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(Assam)



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(West Bengal)



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(Arunachal Pradesh)



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(Assam)



Chairman ARC

Dr Y. Chingsuingamba Meitei

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(Manipur)



Eastern India Zonal Ophthalmological Congress

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## Members Managing Committee 2023-24

ASSAM		BIHAR	
 <p>Dr Nilanjan Kaushik Thakur nilanjantakur@gmail.com 9433727467</p>	 <p>Dr Sanjib Buragohain sanjibbg@yahoo.co.in 80110 50772</p>	 <p>Dr Jaigopal Agarwal jagrawal@yahoo.com 93342 00541</p>	 <p>Dr Ranjana Kumar akhranjana@yahoo.com 983502 0098</p>
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MIZORAM	NAGALAND	MANIPUR	TRIPURA
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SIKKIM			
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## EIZOC Advisory Board

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 <p>Dr Debashish Bhattacharya XXXX 98300 58283</p>			

## SINCLAIRS KALIMPONG

Nov 29 – Dec 1st '24

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**Dr Angshuman Das**



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## ORGANISING CHAIRMAN

- Dr Arup Chakraborty

9830244997

drarupchak@gmail.com

## WORKING CHAIRMAN

- Dr Subhashis Nag

9831089730

drsnag70@yahoo.co.in

## PATRON in Chief

- Dr Abhijit ghosh

## PATRONS

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- Dr Parag Mukhopadhyaya
- Dr Samar Basak
- Dr Panna Lal Saha
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## CHIEF RESOURCE PERSONS

- Dr Ratish Ch Paul
- Dr Sugato Paul
- Dr Debasish Das

## ORGANIZING SECRETARY

- Dr Sunil Surana

9433706950

sunilsurana@live.in

## ADDL ORG SECRETARIES

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- Dr Swati Agarwal  
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- Dr Angshuman Das  
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drangshumandas@rediffmail.com





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**Treasurer**

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**Jt Treasurer**

• Dr Diptesh Das •

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- Dr Satyam K Maity •

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• Dr Asim K Sil •



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## Executive Members

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- Dr Rupak Roy •
- Dr Sambuddha Ghosh •
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## Chairperson

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  - Dr Simantan Basu •
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- Dr Sneha Batra •
- Dr Chandni Chakraborty •

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**Chairperson**

• Dr Ayan Mohanta •

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- Dr Suchitra Majumdar •
- Dr Swakshyar Saumya Pal •

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## Executive Members

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- Dr Krishnendu Nandi •
- Dr Sandip K Saha •
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**Convener**

- Dr Saurabh Sanyal ●

**Co-ordinator**

- Dr Priyansha Chatterjee ●

**Executive Members**

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- Dr Niladri Saha ●
- Dr Nilay K Majumdar ●
- Dr Manisha Shah ●

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**Co-ordinator**

- Dr Salil K Mandal ●

**Executive Members**

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- Dr Maitreyee Das ●
- Dr Maharshi Maitra ●
- Dr Tania Ray Bhadra ●



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**Convener**

• Dr Sumit K Banerjee •

**Co-ordinator**

• Dr Pinaki Nag •

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- Dr Mrinmoy Das •
- Dr John Sarkar •
- Dr Sona Bhutia •

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